

BLS Course—2015 Interim Tool

1- and 2-Rescuer Adult BLS With AED Skills Testing Sheet



Student Name: _____ Test Date: _____

	CPR Skills (circle one):	Pass	Needs Remediation		
	AED Skills (circle one):	Pass	Needs Remediation		
Skill Step	Critical Performance Criteria	✓ if done correctly			
1-Rescuer Adult BLS Skills Evaluation					
During this first phase, evaluate the first rescuer's ability to initiate BLS and deliver high-quality CPR for 5 cycles.					
1	Checks responsiveness				
2	Yells for help, activates the emergency response system, and sends for an AED				
3	Checks breathing and pulse (breathing and pulse check can be performed simultaneously) for at least 5 seconds and no more than 10 seconds				
4	GIVES HIGH-QUALITY CPR:				
	• Correct compression HAND PLACEMENT			Cycle 1:	
	• ADEQUATE RATE: 100 to 120/min (ie, delivers each set of 30 chest compressions in no less than 15 seconds and no more than 18 seconds)			Cycle 2:	Time:
	• ADEQUATE DEPTH: Delivers compressions at least 2 inches in depth (at least 23 out of 30)			Cycle 3:	
	• ALLOWS COMPLETE CHEST RECOIL (at least 23 out of 30)			Cycle 4:	
	• MINIMIZES INTERRUPTIONS: Gives 2 breaths with pocket mask in less than 10 seconds			Cycle 5:	
Second Rescuer AED Skills Evaluation and SWITCH					
During this next phase, evaluate the second rescuer's ability to use the AED and both rescuers' abilities to switch roles.					
5	DURING FIFTH SET OF COMPRESSIONS: Second rescuer arrives with AED and bag-mask device, turns on AED, and applies pads				
6	First rescuer continues compressions while second rescuer turns on AED and applies pads				
7	Second rescuer clears victim, allowing AED to analyze—RESCUERS SWITCH				
8	If AED indicates a shockable rhythm, second rescuer clears victim again and delivers shock				
First Rescuer Bag-Mask Ventilation					
During this next phase, evaluate the first rescuer's ability to give breaths with a bag-mask.					
9	Both rescuers RESUME HIGH-QUALITY CPR immediately after shock delivery:			Cycle 1	Cycle 2
	• SECOND RESCUER gives 30 compressions immediately after shock delivery (for 2 cycles)				
	• FIRST RESCUER successfully delivers 2 breaths with bag-mask (for 2 cycles)				
AFTER 2 CYCLES, STOP THE EVALUATION					
<ul style="list-style-type: none"> • If the student completes all steps successfully (a ✓ in each box to the right of Critical Performance Criteria), the student passed this scenario. • If the student does not complete all steps successfully (as indicated by a blank box to the right of any of the Critical Performance Criteria), give the form to the student for review as part of the student's remediation. • After reviewing the form, the student will give the form to the instructor who is reevaluating the student. The student will reperform the entire scenario, and the instructor will notate the reevaluation on this same form. • If the reevaluation is to be done at a different time, the instructor should collect this sheet before the student leaves the classroom. 					
Instructor Signature: _____ Print Instructor Name: _____ Date: _____			Remediation (if needed): Instructor Signature: _____ Print Instructor Name: _____ Date: _____		